



**XXIV World Conference of Therapeutic Communities**  
**Lima, Republic of Peru**

SPECIALIZATION OF THE THERAPEUTIC  
COMMUNITY IN COMPLEX MULTIFACETED  
CORRECTIONAL INSTITUTIONS

**Monday, February 9, 2009 4:00-5:00pm**

Mike Harle, President

Cecilia Velasquez, Director Correctional Services

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# GAUDENZIA, INC.

**CORRECTIONAL  
ALCOHOL AND OTHER DRUG  
TREATMENT SERVICES**



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# GAUDENZIA, INC. - FAST FACTS

- Gaudenzia was founded in 1968 in Philadelphia by elected officials, recovering folks, business and city leaders.
  - Gaudenzia has grown to having over 115 programs in over 65 sites across Delaware, Pennsylvania and Maryland.
  - Gaudenzia opened its first program in Maryland in 2002 and now has 14 programs in 10 locations.
  - Six of the Maryland programs are behind the walls.
  - All Gaudenzia Programs treat a majority of clients referred by the correctional system.
  - Gaudenzia operated the first correctional institution in the United States that was totally directed to Drug Treatment Services.
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# Gaudenzia, Inc.

## Criminal Justice In-Prison Programs-FACTS

- American Correctional Association fully accredited
  - Has been one of the first in the United States of America to be accredited under the new Therapeutic Community Standards.
  - Has consistently received excellent audit inspections.
  - Has been evaluated by Nationally recognized Correctional Programming Checklist Instrument by University of Ohio, Criminal Justice Department.
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# Gaudenzia, Inc.

## Criminal Justice In-Prison Programs

- Intensive Outpatient Treatment and In-reach Substance Abuse program in the city of Baltimore, Maryland
  - Therapeutic Community at Maryland Correctional Treatment Center
  - Therapeutic Community (Residential Substance Abuse Treatment Program) at the Central Laundry Facility, Maryland - 500 clients annually
  - Specialized Therapeutic Community at the Patuxent Treatment Institution in Maryland
  - Therapeutic Community at the Maryland Correctional Institution for Women
  - Therapeutic Community (Residential Substance Abuse Treatment Program) at the Baltimore County Detention Center, Maryland.
  - Education/Intervention/Treatment: Substance Abuse program in Cumberland County Prison.
  - Education/Intervention/Treatment: Substance Abuse program in Northumberland County Prison.
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# Gaudenzia, Inc.

## Community Residential Programs are:

- American Correctional Association accredited
  - Licensed by the State Office of Drug and Alcohol Programs.
  - Licensed by the State Office of Mental Health Services.
  - Commission on Accreditation of Rehabilitation Facilities (CARF)
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# Gaudenzia, Inc.

## Community Residential Programs: # 1

- **Board of Probation & Parole referrals in residential facilities in the state of Pennsylvania, United States of America.**
  - **Community Corrections Facilities (CCF's) in the state of Pennsylvania, United States of America.**
  - **Specialized Mental Health Community Corrections Facilities in the state of Pennsylvania, United States of America.**
  - **Forensic Intensive Recovery Program (FIR): A cooperative Philadelphia corrections, courts, and health department program provides 40 residential slots (at 6 Gaudenzia locations).**
  - **Residential Mental Health Partial Hospitalization Program**
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# Gaudenzia, Inc.

## Community Residential Programs: # 2

- State SAVE Program: Gaudenzia provides residential and aftercare services for State parolees in PA.
  - Community Reintegration of Offenders who are Mentally Ill and Substance Abusers (CROMISA). Pennsylvania funded residential project (and aftercare) to deliver specialized services to state inmates as they reenter the community in Erie and Philadelphia PA.
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# Gaudenzia, Inc.

## Community Residential Programs: # 3

- Residential work release/ reentry services for inmates from the PA Department of Corrections.
  - The **FIRST** pre-release program for seriously mentally ill offenders.
  - Maryland's largest treatment facility, treating voluntary admissions and Parole and Probation referrals in Baltimore City, Maryland.
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# Gaudenzia, Inc.

## Community Outpatient Programs: # 1

- Forensic Intensive Recovery Program (FIR): A cooperative Philadelphia corrections, courts, and health department program provides 45 intensive outpatient slots.
  - Adolescent Under-age Drinking Education/ Intervention Program (APPY): Substance Abuse services for minors referred by District Justices in Dauphin County.
  - State Intermediate Punishment Aftercare Program for adult men coming out of prison.
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# Gaudenzia, Inc.

## Community Outpatient Programs: #2

- **Aftercare: provides a statewide network of licensed outpatient aftercare providers for over 500 inmates leaving prison programs.**
  - **Phase III Aftercare: provides outpatient aftercare for inmates in Phase III of the Residential Substance Abuse Treatment (RSAT) program.**
  - **Contractual relationship with the United States-Probation and Pretrial Service Office to provide Substance Abuse services to offenders.**
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# What the Research Indicates

- **Research indicates the effectiveness of TC for the prison population, with over 1,600 studies reviewed in the Pearson and Lipton meta-analysis (1999)**
- **Research from Stay'n Out in New York indicates that longer times in treatment are associated with longer periods of time before re-arrest (Wexler et al., 1985), this was also found by the DATOS study (Franey and Ashton, 2002)**
- **Research from Key-CREST model suggest that TC treatment has 52% less relapse and 74% less criminal recidivism than the work release only comparison group (Nielsen et al., 1996).**
- **Research in Colorado finds that not only does TC participation reduce recidivism, but also participation in Community Corrections increases program participation as well as reduces recidivism (Hetz-Burrell and English 2006)**
- **“Those who complete prison based treatment and continue with treatment in the community have the best outcomes.” NIDA 2006**
- **Izzo and Ross (1990) conducted a meta-analysis of 46 studies. They concluded that cognitive programs were more than twice as effective as non cognitive programs. (Programs were coded as cognitive if they included such modalities as problem solving, negotiation, skills training, interpersonal skills training, rational-emotive therapy, role-playing and modeling, or cognitively mediated behavior modification.)**

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# Successful Prisoner Reentry

- **A COMPREHENSIVE CONTINUUM OF CARE**
    - To include:
      - In prison treatment
      - In prison aftercare maintenance
      - **Community based Services**
        - Community base inpatient (where appropriate)
        - Community Corrections (when possible)
        - Community based Outpatient Aftercare Services
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# IN PRISON TREATMENT

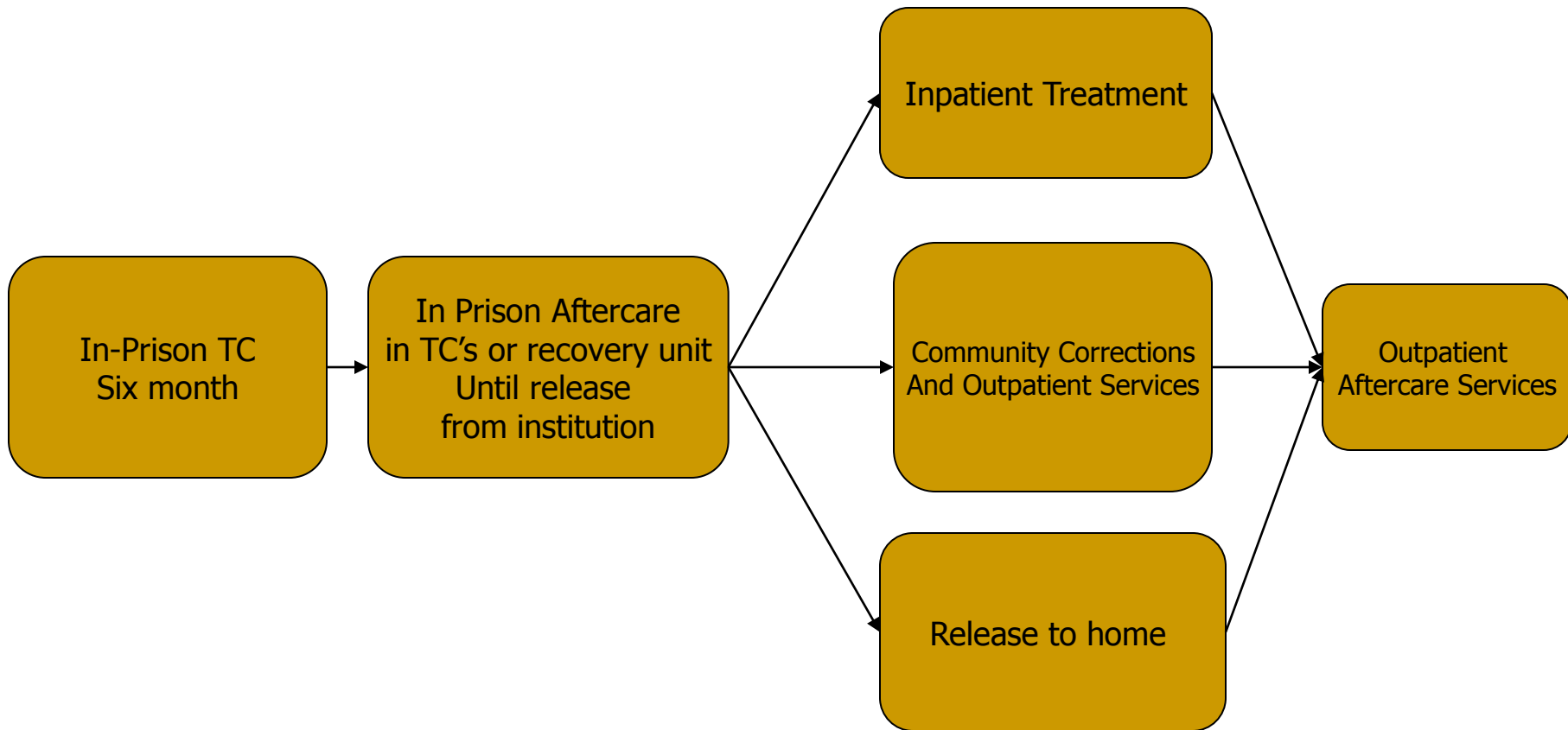
- **Assessment of individual needs in biopsychosocial history (including criminality, substance abuse, mental health, medical and educational issues, etc.)**
  - **Social Learning Approach which includes practicing of prosocial behaviors and attitudes (Specialized Therapeutic Community)**
  - **Specific targeting of criminogenic needs such as antisocial attitudes, antisocial friends, substance abuse, lack of empathy and impulsive behaviors**
  - **Integration of needs and targets into treatment planning**
  - **Cognitive Behavioral strategies including role playing and rehearsal.**
  - **Structured Curriculum**
  - **Outcome research which feeds ongoing program enhancements**
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# Evolving System Needs

- Expanding needs in the current Maryland system
    - **Designated in-prison aftercare (Recovery Units) for those completing treatment**
    - **Community Corrections Centers upon release**
    - **Linkage to Outpatient Substance Abuse and other Services (e.g. Vocational, Educational, Mental Health, Medical, HIV/AIDS)**
    - **Designated Aftercare case management positions to track and follow the transition of inmates**
    - **Evaluation system needs to be in place to monitor the results of the effectiveness of transfer to Community based aftercare and reduction in recidivism**
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# Recommended System Model



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# Minimal Community Based Identified Needs for Successful Transition

- **Recovery Support**
    - **Connection to a support group**
      - **Formal-Aftercare Group**
      - **Informal-12 step, etc.**
    - **Individual Counseling for identified underlying and present issues**
  - **Psychiatric Follow up –**
    - **PTSD and other Trauma**
    - **Bipolar Disorder**
    - **Depression/Anxiety**
  - **Medical**
    - **HIV/AIDS**
    - **Other complications from chronic substance abuse**
  - **Employment/Vocational training**
    - **Resources to connect with available jobs**
  - **Housing**
  - **Identification and Driver's License**
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# A TOTAL CORRECTIONAL INSTITUTION FOCUSED ON ALCOHOL AND OTHER DRUG TREATMENT

- ❖ **In prison Substance Abuse services to 1175 inmates**
    - **375 inmates on 8 Therapeutic Communities Units**
      - 1 – 3 month Technical Parole Violators**
      - 1 – 4 month State Intermediate Punishment**
      - 1 – 6 month Higher level functioning**
      - 5 – 12 month**
    - 800 inmates in Counseling Services**  
**(Outpatient in prison)**
  - ❖ **In prison Aftercare/Continuing Care**
  - ❖ **Community Aftercare Outpatient Services 6-months**
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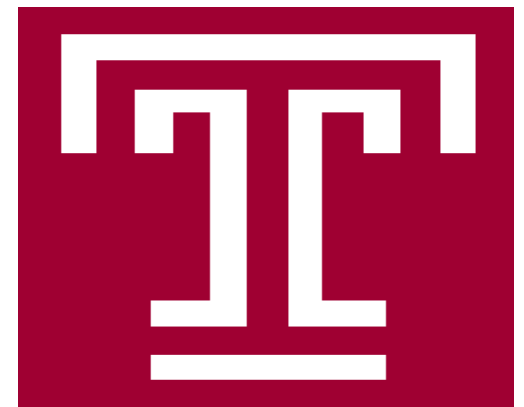
# TREATMENT INSTITUTION

## Key Points

- ❖ **One of few institutions in the Country where the entire Correctional institution is directed to AOD Treatment.**
  - ❖ **Institution is a Adult Male medium security prison.**
  - ❖ **First Tobacco free Institution in PA.**
  - ❖ **SCI-Chester is one of the first programs in the country to receive 100% in both mandatory and non-mandatory standards with ACA accreditation for Therapeutic Communities standards.**
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# RANDOMIZED EVALUATION

## Prison-Based Drug Treatment: at a State Correctional Institution

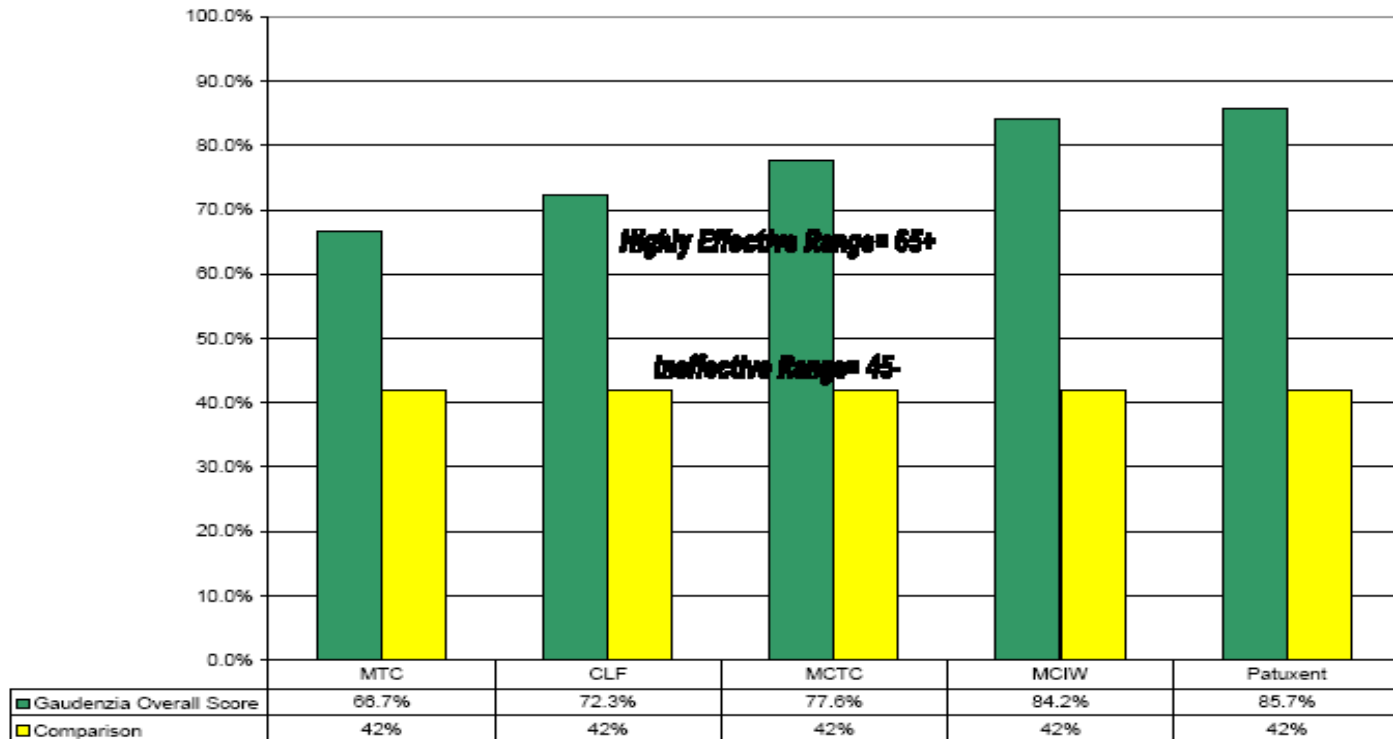


# Temple University Study

- 2002-2005 study by Temple University reviewed the outcomes of 347 inmates in the TC at SCI Chester and 384 inmates receiving the Outpatient level of care at SCI Chester
- Funder: National Institute of Justice
- During treatment, these inmates were assessed as exhibiting increased therapeutic engagement and rapport with others, and lower denial and psychological problems over time.
- Of 342 inmates released at the time of the study, the inmates were in the community for an average of 13 months
  - Only 25.4% were reincarcerated for technical violations
  - Only 2.2% were rearrested for new charges
- Complete Outcome Findings will not be available for several years.

# Five State In Prison Programs Correctional Programming Checklist

Overview of Gaudenzia Prison Programs  
Correctional Program Checklist Assessment Scores



Gaudenzia scores have trended upward over time.

Comparison group consists of over 360 correctional programs nationally.

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# DISCUSSION

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